



Safer Schools Newsletter/Key Stage 2 Week 5



Welcome to our Fifth Safer Schools Weekly Newsletter. Our main focus this week is to help you stay safe whilst you are out and about during the summer holidays. This is our last Newsletter until September where we will be changing to a more, in-depth monthly edition. Please feel free to contact us throughout the holiday period with any ideas or particular subjects you wish us to include or advise on.
Enjoy and stay safe!



Water Safety



As you head off to enjoy your summer holidays, you will hopefully be using the time to enjoy the outdoors. Remember to stay safe around the water this summer. Water can be so much fun but it can also be dangerous. Here a few tips to keep you safe.

- Stay away from the edge when out walking
- Only go into the water if you are being supervised by an adult and YOU feel safe to do so
- Read signs around the water
- Always be careful and don't take any risks
- Call 999 and ask for the coastguard at the coast and the Fire Service when inland
- If you are tired in the water, turn on your back and float

To find out more about being safe in the water go to [The Royal Life Saving Society UKs website](http://www.royallifesaving.org.uk)



What to do in a Fire emergency??

Would you know what to do in a fire emergency? Please watch this video which will show you how to stay 'calm and cool' when you dial 999

https://www.youtube.com/watch?v=fTb_jCnbutk

The sunshine is great for getting out and about, but please take care in the countryside this summer. TOP TIP: Don't leave bottles or glass in woodlands – sunlight shining through glass can start a fire. Remember to Take your rubbish home and put it in the recycle bin.



Road Safety



With the summer holidays nearly here, it's important to remind ourselves of some road safety tips to keep you safe when you are out and about with friends and family. Please watch this short video to understand how to be 'Road Ready' this summer: <https://www.think.gov.uk/resource/expect-the-unexpected/>

- Stop, Look and Listen. Only cross when it is safe to do so, remember to use safe crossing places like a Zebra or pelican crossing, crossings with traffic lights, Bridges and underpasses.
- Peer Pressure...Do not dare your friends to do silly or dangerous things near a road. Has this happened to you? Saying NO is OK to keep safe.
- Put your phone in your pocket or bag when you cross the road. If you are looking at your phone you are not concentrating and could get hurt.
- Take your earphones out. If you are listening to music you might not hear vehicles coming.
- Always wear a cycle helmet when out on a bike or scooter. It will protect you from serious head injury.
- Do not play games in or near the road, especially ball games where the ball can stray into the road. Never run into the road to retrieve a ball until it is safe to do so – always stop, look and listen or ask an adult to help.

Call: 101

Textphone: 18001 101

Visit: www.cambs.police.uk

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We would love to hear your feedback & comments. You can contact the team via our email Schools&CYP@Cambs.pnn.police.uk

#safercambs

Enjoy the summer holidays and see you in September!!



Creating a safer
Cambridgeshire